- (1). Once all villagers decided to pray for rain. On the day of prayer, all the people gathered, but only one boy came with an umbrella. That is faith.
- (2). When you throw babies in the air, they laugh because they know you will catch them. That is trust.
- (3). Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up. That is hope.
- (4). We plan big things for tomorrow in spite of zero knowledge of the future. That is confidence.
- (5). We see the world suffering, but still, we get married and have children. That is love.
- (6). On an old man's shirt was written a sentence 'I am not 80 years old; I am sweet 16 with 64 years of experience.'
 That is attitude.

I understand that it is necessary to keep the public informed about the Coronavirus, but after repeatedly listening to 1.5 hour long presidential briefings on the subject, I am finding it a little depressing. All those deaths, all that suffering (physical, emotional and economic) is hard to deal with.

Today, I saw this picture about positive things and I was reminded of the following verse of Scripture...

Philippians 4 (World English Bible)

[8] Finally, brothers, whatever things are **true**, whatever things are **honorable**, whatever things are **just**, whatever things are **pure**, whatever things are **lovely**, whatever things are **of good report**: if there is **any virtue** and if there is **anything worthy of praise**, **think about these things**.

I don't have control over this virus situation or over the many things in life that just happen, but I do have control over my own thinking. Both the six sayings in the picture and the Apostle Paul's admonition about thinking will go a long way towards getting and keeping my thoughts on the right path.

Try reading the Philippians verse once each day for a week; I think it will help. Stay safe and think about positive things. Remember, with God all things are possible!